

## **PE : HCHS CURRICULUM PURPOSE STATEMENT**

In Physical Education, we learn physical expression through a broad and balanced curriculum in a fun and enjoyable way. We expose students to opportunities to build on prior knowledge and a range of many different types of sport and physical activity. We aim to develop social capital - empathy, leadership, communication and teamwork through providing participation and competitive opportunities in the Physical Education offer. Our ambition is for students to leave Hanley Castle with a love of physical activity which will allow for lifelong participation and lead to physical, social and mental well-being.

From year 7, all students access a wide variety of sports, activities, and competitive opportunities through a range of roles. Students will analyse their performance compared to others and the technical model to demonstrate progress and understanding in order to achieve their personal best. In addition, opportunities to take part in competitive sports at all levels and activities outside of school through community and sports club links are encouraged and promoted. The curriculum allows students to make links between and reinforces learning in other curriculum areas whilst creating awareness of local, national and world events and the impact on wider society.

Students have the opportunity to further their interest, knowledge and understanding across all aspects of the world of sport by opting for GCSE PE, BTEC Sport (Level 2 and 3) and A-Level PE which provides them with the opportunity to access further study of sport and careers in sport beyond school.

Our unique offer allows young people to practice resilience, independence and creativity. Students learn to embrace success and failure in equal measure to prepare them for future challenges in their lives.

## PHYSICAL EDUCATION END POINTS

### **By the end of KS3 students will:**

- Become more competent, confident and expert in their techniques, tactics and strategies and creativity, applying them across different sports and physical activities.
- Understand what makes a performance effective and how to apply these principles to their own and others' work.
- Develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.
- Be informed of the requirements of GCSE PE and BTEC Sport to make an informed choice through assembly, y8 parents evening, core PE lessons and an optional taster session.
- Have a positive and enjoyable experience in KS3 to encourage further participation in sport and activity.

### **By the end of KS4 students core PE will:**

Tackle a greater range of complex and demanding competitive physical activities through developing increasingly advanced techniques, tactics and strategies and creativity.

Be involved in a variety of activities that develops personal fitness and promotes an active, healthy lifestyle.

Take on different roles in order to evaluate performance, apply rules and develop performance of others.

Be offered opportunities to continue to take part regularly in competitive sports and activities outside school through community links or sports clubs

### **By the end of KS4 students taking exam PE will:**

All concepts are delivered by specialist staff with expertise in an engaging manner through a variety of contexts, creating a positive, enjoyable and supportive experience

Develop the knowledge and understanding needed to apply theoretical concepts to practical contexts in order to make the best possible progress for their individual ability

Have opportunities to further their performance, knowledge and understanding of different sports

Know the next steps in order to pursue sporting options post 16.

**By the end of KS5 students will:**

All concepts are delivered by specialist staff with expertise in an engaging manner through a variety of contexts, creating a positive, enjoyable and supportive experience

Take the opportunity to take a topic of interest or expertise in their coursework which develops independent research skills needed for post 18 study and employment.

Develop the knowledge and understanding needed to apply complex theoretical concepts to a variety of practical contexts in order to make the best possible progress for their individual ability

Develop their wider understanding and interest of key concepts through independent study

Critically analyse and evaluate sporting scenarios and apply relevant theoretical concepts

Be offered opportunities to continue to take part in regular recreational, competitive sports and activities