

Curriculum Purpose Statement- PSD

The main objective of the PSD within the school is to equip the students with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

Schools should choose and set their own curriculum in PSHE according to the needs of their pupils and we have worked with staff, student councillors and the DSL to produce a set of units that we feel best address our students needs. It is under constant revision in light of developing trends of issues, and includes not only the programme of lessons, but special events and one off sessions when it is deemed necessary to meet a particular challenge.

We hope that we can give our students the skills and awareness to recognise situations or behaviours that pose a risk, in themselves as well as others, and to give them strategies and confidence to deal with those situations or to know the most effective route for seeking assistance.

By the end of KS3, students will be taught about:

- Internet safety and the dangers posed by online activity, including to one's personal wellbeing and body image, as well as more physical threats.
- Alcohol and substance abuse and how it affects both those afflicted and those around them.
- Growing up, and the physical and emotional changes this can lead to, including work on periods and period poverty.
- Careers options, including working with outside agencies, and preparing students for GCSE choices.
- Emotional wellbeing, and how to deal with failure.

By the end of KS4, students will be taught about:

- Mental Health, stigma and developing an open attitude.
- Relationships of all types, with a focus on spotting and dealing with unhealthy or unbalanced relationships.
- Dealing with exam stress.
- Living Knife Free, and the risks associated with carrying knives.
- SRE, including what 'love' is, consent, contraception, relationships and legal issues.
- Careers and work experience advice.