

GCSE PE

Exam board: AQA

Link to specification:

https://cdn.sanity.io/files/p28bar15/green/82f12db4ac13f37e6b45e3e12aab5120658e1c33.pdf?_gl=1*b3v1g2*_gcl_au*MTg5NDQzNTgyMC4xNzU4MDM0NDA2

2026-27 Y11 Mock Exams

Title and length of paper(s):

Paper 1 - 1 hour 15 mins

Paper 2 - 1 hour

Style(s) of question:

The exam will include multiple choice, short and long answer questions.

From the beginning of December, students will be given a weekly programme to structure and focus their revision. They will be given specific techniques to use, along with a schedule of in-lesson activities to check their retention.

Knowledge to be assessed	Revision resources
Paper 1: Applied anatomy and physiology – The human body and movement in physical activity and sport. Movement analysis – The human body and movement in physical activity and sport Health and fitness- The relationship between health and fitness. Paper 2: Sports psychology – Paper 2: Socio-cultural influences and well-being in physical activity and sport.	Your books/ class notes Revision Guides. eRevision Use of aqa.org.uk to find past papers https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/assessment-resources